

Fitzpatrick Skin Type

Skin type is often categorized according to the Fitzpatrick skin type scale. The scale ranges from very fair (type I) to very dark (type VI). The two main factors that influence skin type and the treatment program devised by Dr. Basile are:

1. Genetic predisposition
2. Reaction to sun exposure and tanning habits

Skin type is determined genetically and is one of the many aspects of your overall appearance. The way your skin reacts to sun exposure is another important factor in correctly assessing your skin type. Recent tanning can have a major impact on the evaluation of your skin color.

Genetic Disposition

Score	0	1	2	3	4
What is the color of your eyes?	Light blue, gray Green	Blue/gray Green	Blue	Brown	Brownish black
What is/was your natural hair color?	Sandy red	Blonde	Chestnut to Dark blonde	Dark brown	Black
What is the color of your unexposed skin?	Reddish	Very pale	Pale w/ slight Beige tint	Light brown	Dark brown
Are there freckles on the unexposed skin?	Many	Several	Few	Incidental	None

Score =

Reaction to Sun Exposure

Score	0	1	2	3	4
What happens when you stay too long in the sun?	Painful redness Blisters, peeling	Blister followed by peeling	Burn w/ Sometimes Followed by Peeling	Rarely burn	Never have burned
To what extent do you tan/turn brown?	Hardly to Not at all	Light tan	Reasonable tan	tan easily	Turn dark Brown easily
Do you turn brown within hours of sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	very sensitive	Sensitive	Normal	Very Resistant	Never had a Problem

Score =

Tanning Habits

Score	0	1	2	3	4
Your last prolonged sun exposure/tanning bed was?	≥ 3 months ago	2-3 months Ago	1-2 months Ago	< one month Ago	<2weeks Ago

Did you expose the area to be treated today to the sun today?	No	Yes
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Score =

Add up all three scores	<input type="text"/>	+	<input type="text"/>	+	<input type="text"/>	=	<input type="text"/>
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Skin Type Score	Fitzpatrick Skin Type
0 -7	I
8 -16	II
17 - 25	III
26 - 30	IV
> 30	V and VI